

Press Release
Immediate Release

Monday, 27th April 2009

Therapist in ESPA at the g Hotel wins prestigious Irish Beauty Professional Association Award 2009

The g hotel continues to reaffirm its position as the leading 5* hotel in Galway with Irene Kenning, beauty therapist in the luxurious ESPA being awarded 'Spa Therapist of the Year' by the Irish Beauty Professional Association, (IBPA) at their annual beauty Industry Awards held recently in the stylish surrounding of the Burlington Hotel Dublin. Often referred to as the Oscars of the beauty industry, a host of Ireland's most glamorous beauty professionals attended the IBPA ceremony and the fashionable Brendan Courtney, presenter of RTE's 'Off the Rails' hosted the magnificent event with only the crème de la crème of properties, like the g hotel receiving the prestigious and illusive beauty accolade by offering an unrivalled spa experience for each and every guest. Ms. Kenning, is both thrilled to accept the coveted award on behalf of the g and to be acknowledged by her peers for her skills and abilities. The talented therapist, who is trained in an exclusive selection of massage techniques, has built a reputation for herself as one of the leading therapists in Ireland and certainly creates the ultimate spa experience at the g.

This is not the first award for Ms. Kenning, in 2008 she was chosen as the "Most Highly Commended" Spa Therapist 2008 by IPBA and was part of the team that won the Irish Beauty Destination Spa of the Year award 2002. Speaking of her success the Mayo native, who now calls Claregalway home stated "Winning this award is both an honour and a pleasure! At ESPA we constantly strive to provide the ultimate spa experience and receiving such an accolade is gratifying for the entire team at the g". In 2002 Irene

enrolled in the exclusive Coen Cantrell College of Beauty Galway, where she displayed a genuine flair for her chosen profession and has carved out a successful career working in a selection of reputable properties, before joining Galway's most luxurious 5* hotel! Trained to the most senior level as an advanced ESPA Ayurvedic therapist, the creative masseur also possesses specialist training in Balinese, Chakra balancing and Shiobhyanga, and having worked with a number of top therapists from around the world, Irene has picked up many skills and styles of massages, with a Hawaiian Lomi Lomi technique using forearms and elbows amongst her most unique treatments!

From a zone of high fashion, strong colours, funky furniture and contemporary décor in the g, world leaders in spa design and beauty products – ESPA creates a calming environment, nurturing atmosphere and cherishing warmth with sheer relaxation, rejuvenation and tranquility, with an ethos of complete customer focus to provide award winning results. The design of the spa reflects a relaxed timelessness of contemporary elegance with mood enhancing lighting to create a sense of spiritual retreat. An extensive treatment list is available for both hotel residents and day visitors, offering exclusive treatments from the - ESPA, ranging from the harmonious Purva Karma Four-hand massage synchronised by two therapists, oriental joint release life dance to relieve tension and Chakra energy balancing techniques, along with a range of specialised ESPA facials to create a holistic experiences for the mind body and soul!

To celebrate their recent success, the g has just launched the new 'Radiance Treatment Collection', so you can really radiate this Summer! Begin your spa journey in the glorious Thermal Suite, before indulging in a full body salt and oil exfoliation, followed by an illuminating ESPA Skin Brightening Facial, then conclude your unique spa experience in the splendid roof top relaxation area and Zen Garden, where you will be served a refreshing g Smoothie and delicious handmade chocolate treat, all from an amazing €105 per person. As the only Irish hotel on the prestigious 'Condé Nast Traveller' magazine's Gold List 2009, acclaimed for its unrivalled ambience and design, the g is the place to unwind and surrender to the ultimate spa experience. For more information on the g Hotel please visit www.theghotel.ie or call (091) 86500.

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